



News Bulletin

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AL-QURAN

In the name of Allah, the Beneficent, the Merciful Ramadhan is the month in which Qura'an was sent down as a guide for mankind with clear signs of guidance and discrimination (between right and wrong). Therefore, whoso among you gets this month (at home) should keep the fasts compulsorily in it. But whoso is sick or is on a journey then such one should keep same number of fasts on other days. Allah wants ease for you and desires for you no hardship and that you may complete the number of days fixed and you glorify Allah that He guided you to make you grateful.

(Surah Al-Baqara- 185)

Saying of the Holy Prophet Hazrat Muhammad (SAW)

The Messenger of Allah (SAW) said, "When the month of Ramadan starts, the gates of the heaven are opened and the gates of Hell are closed and the devils are chained."

(Imam Bukhari)

"My message to you all is of hope, courage and confidence. Let us mobilize all our resources in a systematic and organized way and tackle the grave issues that confront us with grim determination and discipline worthy of a great nation."

- Muhammad Ali Jinnah (RA)

VISION OF THE FOUNDER CHAIRMAN HAJI MUHAMMAD SALEEM (LATE)

▪ Industry ▪ Service ▪ Education

Fourth Convocation

Fourth Convocation of The University of Faisalabad was held at Amin Campus of the University on 17th March, 2015. The nominee of Governor Punjab/Patron of The University of Faisalabad and Chairman Board of Governors Mian Muhammad Hanif (SI), awarded degrees to graduates of the University, while the nominee of Governor Punjab and Vice Chancellor University of Health Sciences (UHS) Lahore, Maj Gen (Retd) Prof Dr Muhammad Aslam awarded degrees to

graduates of University Medical & Dental College. Mian Muhammad Rasheed, Vice Chairman Board of Governors, TUF, Prof Dr Naveed Akhtar Malik, VC Virtual University, Prof Dr Noreen Aziz Qureshi, VC, Government College for Women University Faisalabad, Dr Mumtaz Hassan Malik, Rector National Textile University Faisalabad and Dr Asif Mahmood Gilani, Director National University of Computer & Emerging Sciences (FAST -Faisalabad Campus)



Fourth Convocation of TUF - (L to R) Prof Dr Naveed Akhtar Malik, VC Virtual University, Prof Dr Noreen Aziz Qureshi, VC, Government College for Women University, Maj Gen (Retd) Prof Dr Muhammad Aslam, VC UHS, Mian Muhammad Hanif (SI), Chairman BOG, TUF Mian Muhammad Rasheed, Vice Chairman BOG and Prof Dr Abdul Majeed, Rector, TUF.

were present on the occasion.

Mian Muhammad Hanif congratulated the graduates and said that The University of Faisalabad was the dream of his Father the Founder Chairman Haji Muhammad Saleem (Late). The objective of this institution is to help the common man to have access to higher education. He expressed that TUF will continue to render its services to achieve the objectives of quality and professional education in the country. He said that the University has recently launched educational radio channel TUFANS FM 96.6.

Maj Gen (Retd) Prof Dr Muhammad Aslam, VC, UHS while addressing the convocation, appreciated the academic achievements of the University during the 13 years since its establishment. While congratulating the graduates of UMDC, he expressed his hope that they would utilize their professional skills and knowledge for providing health care services to the common people of their country.

Prof Dr Abdul Majeed, Rector of the University briefed about the performance of the Institution. He said that the University is imparting professional education in different disciplines including Health Sciences, Engineering and Technology, Management Studies and Arts and Social Sciences. 526 graduates of The University of Faisalabad and University

Medical & Dental College were awarded degrees. Graduates were also awarded medals for their excellent performance in academic as well as co curricular activities.

Faculty and staff members who rendered dedicated services to TUF and UMDC for ten years were also awarded medals and prizes.



Mian Muhammad Hanif (SI), Chairman BOG presenting University memento to Maj Gen (Retd) Prof Dr Muhammad Aslam, VC UHS.



Graduates being awarded medals and degrees



Group photos of Graduates

Syed Khalid Abdul Qadir Mansoor Al-Gillani inaugurates “Therapeutic Gym” at MTH

Naqeeb ul Ashraf Syed Khalid Abdul Qadir Mansoor Al-Gillani from Baghdad, Iraq inaugurated “Therapeutic Gym” at Madinah Teaching Hospital on May 26, 2015.

Mian Muhammad Hanif Chairman BoG, Prof Dr Abdul Majeed, Rector TUF and Prof Dr AG Rehan, Principal UMDC were also present on the occasion. Mr Shahid Ahmad Heera, Head School of Rehabilitation Sciences, TUF told that Therapeutic Gym will go a long way for the rehabilitation of physically disabled and impaired patients. Syed Khalid Abdul Qadir Mansoor Al-Gillani appreciated the philanthropic services of Madinah Foundation particularly in health and education sectors.



Naqeeb ul Ashraf Syed Khalid Abdul Qadir Mansoor Al-Gillani alongwith Mian Muhammad Hanif (SI), Prof Dr Abdul Majeed, Prof Dr AG Rehan and others praying after inaugurating “Therapeutic Gym” at MTH



Mr Shahid Ahmad Heera, briefing the guests about functioning of state of the art equipment in “Therapeutic Gym”

Mass Marriage program at TUF

The University of Faisalabad organized Mass Marriage program of 60 couples under the auspices of Madinah Foundation at Amin Campus on May 01, 2015. The Chief Guest, Honorable Imam Bin Hussain Bin Ali Zainul Abidin,

Khadim-e-Roza Rasool (SAW), from Madina-tul-Munawara prayed fervently for newly wedded couples.

The marriage expenditures of 60 orphans and deserving girls from Faisalabad and surrounding areas were borne by Madinah Foundation. The couples were given dowry and more than 2000 guests were served lunch. Students of the University participated enthusiastically in the arrangements of the event. Mian Muhammad Hanif - Chairman Board of the Governors TUF, Mian Muhammad Rasheed - Vice Chairman, Prof Dr Abdul Majeed - Rector, faculty members and students were present on the occasion. The guests appreciated the services of Madinah Foundation for this noble cause.



Honorable Imam Bin Hussain Bin Ali Zainul Abidin, Khadim-e-Roza Rasool (SAW) praying for newly wedded couples

TUF organizes National Conference on “Nutritional Management of Geriatric Health Problems”

School of Nutrition and Dietetics, The University of Faisalabad organized National Conference on “Nutritional Management of Geriatric Health Problems” in Saleem Campus on May 28, 2015. Prof Dr Abdul Majeed Rector of the University was the chief guest while Prof Dr Muhammad Saeed, Dean Faculty of Medicine and Allied Health Sciences was the convener of the conference.

The objectives of the conference were to highlight the geriatric health problems and their dietary management, enhance the diligence ensuring adequate nutritional care of elderly and to establish a good liaison between academic and nutritional experts towards developing good nutritional practices in geriatrics.

This conference provided an opportunity for the researchers, scientists and medicos to discuss at length various health and nutritional problems of the elderly and to recommend their cost-effective solution through adequate nutritional care. The conference consisted of two scientific sessions. The first session was chaired by Prof Dr Faqir Muhammad Anjum (TI), Director, Institute of Home and Food Sciences, GC University, Faisalabad while Prof Dr Syed Jawwad Husain, Head School of Nutrition and Dietetics, TUF was Co-chairperson. Prof Dr Nighat Bhatti was the chairperson of second session and Dr Naheed Abbass was co-chairperson. Ms Faiqa Javed and Ms

Rabea Sherwani from School of Nutrition and Dietetics, TUF were the moderators.

Speakers included Prof Dr Khalid Mehmood Yahya, Head Department of Medicine, Madinah Teaching Hospital, Assoc Prof Dr Naheed Abbas, Director Institute of Rural Home Economics, University of Agriculture, Assoc Prof Dr Zahid Masood Khan, Head Department of Community Medicine, University Medical & Dental College, Ms Beenish Asad, Lecturer/Clinical Nutritionist, Institute of Rural Home Economics, University of Agriculture, Ms Madiha Ilyas, Asst Prof Department of Home Economics, Food and Home Sciences, GC Women University Faisalabad, Prof Dr Faqir Muhammad Anjum, G C University Faisalabad, Assoc Prof Dr Ali Saqib, Department of Medicine, Madinah Teaching Hospital, Asst Prof Mrs Asma Lodhi, Institute of Rural Home Economics, University of Agriculture, Assoc Prof Dr Rizwan Rasool, Department of Medicine, Madinah Teaching Hospital, Mrs Zainab Asif, Clinical Psychologist, Madinah Teaching Hospital, Asst Prof Dr Sumera Riaz, Department of Community Medicine, University Medical & Dental College, Mr Munawar Hussain “GAIN” and Dr Huma Umbreen, GC Women University delivered compressive lectures on different topics related to Nutritional Management of Geriatric Health Problems.



Prof Dr Abdul Majeed, Prof Dr Faqir Muhammad Anjum (TI), Prof Dr Syed Jawwad Husain and other speakers addressing the audience while Prof Dr Muhammad Saeed presenting University memento to a guest speaker.

ISO Certification for Madinah Teaching Hospital

On 27th April 2015, Madinah Teaching Hospital (MTH) has been awarded ISO 9001:2008 certification which is recognition of its persistent effort towards improving quality care and enhancing patient satisfaction. MTH is first hospital of private sector in Faisalabad to become ISO 9001:2008 quality certified through a tough evaluation process.

ISO 9001 is a quality management system recognized by all businesses and top organizations around the world, including hospitals and healthcare providers, as the

yardstick for highest quality standards. The hospital has to maintain these extraordinary standards and be assessed annually to demonstrate positive compliance in order to maintain this higher standing. MTH has gone through an intense on-site inspection process in which quality was assessed in areas of indoor patient management, outdoor patient care, medication administration, infection control, food service, administrative and operating procedures, HR, medical equipment management, hospital waste disposals

and medical store.

Amongst quality oriented hospitals worldwide which are ISO certified, there are only a handful of Pakistani hospitals to have obtained this highly respected certification and MTH is one of them.

We the administration express our heartiest congratulation to Madinah Teaching Hospital for achieving this milestone and a great step towards excellence.



Engr Khalid Ahmad, Director IPS,UK delivering lecture during internal audit training session



Group Photo of Senior administration and staff of MTH with external auditors' team

Seminars & Workshops

Energy Crisis in Pakistan

The prevailing energy crisis in Pakistan is proving to be a great bottleneck in the supply of energy resources to Pakistan's economy. This is adversely affecting the economy and the GDP as well.

The University of Faisalabad arranged a seminar to address this issue. Professor Dr Shahid Raza Malik (Director - NFC

institute of Engineering and Fertilizer Research Faisalabad) visited TUF and shared his thoughts on this topic. He touched the subject from various angles including capacity issues, problems faced, remedies and the

future plans.

Lastly, he also discussed the alternate sources for the energy generation to overcome this issue. A large number of students and faculty members attended the seminar.



Dr Shahid Raza Malik and Prof Dr Muhammad Jamil speaking to the participants

Methods of Preparation Engineering Graduates for Success in Accruing Jobs in Industry

Umat-e-Muslima organization (UMORG) has setup its office in Lahore. This Organization is holding workshops on "Training of Engineering Graduates" to qualify entry test/interview for the jobs in the industries. Chemical engineering department requested them to give and elaborated talk on the above mentioned subject. They visited this university on 24-03-2015 and gave talk

to the students of Chemical, Electrical, Textile engineering on methods of acquiring success to qualify for various

test laid down by the industries for selection of Engineering graduates to serve the Nation.



Guest speakers addressing the audience

Islamic Banking

An informative and thought provoking seminar on “Islamic Banking” was organized in Saleem Campus on April 8, 2015. The event was jointly organized by School of Management Studies, TUF and State Bank of Pakistan. Prof Dr Muhammad Saeed, Dean Faculty of Medicine and Allied Health Sciences

was the chief guest.

The guest speaker Mr Muhammad Yasir Abaidullah Ghazi, Area Manager, Meezan Bank Ltd, gave a comprehensive talk on the topic. A question answer session ensued, which was attended by the faculty, the Students of Management Studies, Islamic Sciences and other disciplines.



Mr Muhammad Yasir Abaidullah Ghazi, Prof Dr Muhammad Saeed and Ms Nadia Shamim delivering talks on Islamic Banking

Character Building and Professional Ethics

In today's fast changing corporate environment it is important for an institution to train students about the professional ethics. This is the key for institution's as well as students' success. Professional Ethics encompasses personal, organizational and corporate standards of behavior expected of professionals who are operating in the business environment.

The University of Faisalabad fully realizing the importance of this basic requirement arranged a seminar. Mr Sarmad Chohan from the BEE 4th semester gave a presentation on the topic. Afterwards, keynote speaker Mr Asgher Ali Siddiqui expressed that human nature is a combination of a set of characteristics, both positive and negative. It is the duty of a person to focus on the development of positive

qualities and shun the negative. In addition, he also thanked the Chief Guest Mr Saleem Akhter Kayani – Director Press and publications for providing this valuable learning opportunity to the students.



Group photo of the participants

Info Blast by Rehabilitation Society

Recent decades have seen life saving medical interventions, which are extending the lives and helping people to lead a quality life. Such medical advances have resulted in increased need for rehabilitation services for people who have temporary or chronic disability conditions which may interfere with their ability to function.

Rehabilitation Society at The University of Faisalabad is working on projects which result in the betterment of the society. Considering the objective of helping all human beings, Rehabilitation Society arranged an event named “Info Blast”.

Written material related to the objectives of the society was shared with the students and faculty members. This action provoked a sense of responsibility among the medical professionals.



Mr Saleem Akhter Kayani Director Press & Publication and Mr Shahid Ahmad Heera with members of Rehabilitation Society at “Info Blast”.

Kuch Khawab Hain Jin Ko

Quality Enhancement Cell (QEC) of The University of Faisalabad (TUF) engaged a well-known international training firm TIMELENDERS for two workshops on “Kuch Khawab Hain Jin Ko..” at Saleem and Amin Campuses. The Trainer Mr Kamran Zahid conducted both the sessions and

shared valuable insights about the impact of big dreams in the society. He presented real life stories and case studies to elaborate the significance of vision in human life. Hundreds of medical and engineering students attended the workshops and found them thought provoking and inspiring. QEC will continue to arrange events for capacity building of students and faculty in future as well.



Mr Kamran Zahid, Prof Dr Abdul Majeed and Mr Umar Farooq expressing their views

Road Traffic Accidents and Prevention Strategies

Annual numbers of deaths from Road Traffic Accidents (RTAs) range from 750,000 to 1183,492 approximately 3000 deaths/day on roads throughout the world 10/1000 become disable for life. In Pakistan, injuries are 5th leading cause of loss of healthy life, and 2nd leading cause of disability. Death rate from RTA is 4 per 100,000 population and 15 per 10,000 vehicles in Pakistan. In Pakistan, close to 9,000 road accidents are reported to the police every year since 2011, killing over 4,500 people on average.

This was disclosed by Dr Zahid Masood, Head, Department of Community Medicine, University Medical & Dental College in a seminar on road traffic accidents and prevention strategies on March 11, 2015 in Saleem auditorium. Mr Riffat Zia Regional Officer (North) from department of emergency medical services 1122 highlighted salient features of the 1122 service. He presented data from thirty districts of Punjab. According to the data, the cyclist, motorbike riders and scooter riders were mainly the victims and

suffered from major injuries and consequently deaths. He informed the audience that in addition to other equipment 1122 ambulance was well equipped with gadgets like ventilator defibrillator, suction unit and oxygen supply.

Mr Rana Irfan, Senior Patrolling Officer gave deliberation on the causes and prevention strategies of RTAs with help of videos. He said that one must not drive in “red mist” and observe traffic rules like using helmet using seat belts looking for “blind spot” and get the driving license from authorized school in Islamabad

which is recognized internationally. Professor Dr Muhammad Saeed Dean faculty of medicine and allied health sciences participated as chief guest. He congratulated Dr Masood on organizing the seminar in collaboration with Motor Way Police and Rescue 1122. He stressed upon the audience to apply the knowledge gained in the session to prevent RTAs. Later on guest speakers were presented mementos of the University of Faisalabad. This was followed by an awareness walk. Large number of MBBS and DPT students’ participated.



Faculty members and students of TUF and UMDC participating in awareness walk

Latest Trends in Breast Cancer Management

A seminar was organized by Department of Surgery, MTH, UMDC on “Latest Trends in Breast Cancer Management” on May 5, 2015 in Saleem Auditorium, UMDC. The objective of holding the seminar was

to create awareness about the global trends for early detection of breast cancer and to share the challenges faced by the patients and surgeons in managing the cancer patients. Prof Dr A G Rehan - Principal UMDC

was the Chief Guest who always welcomes incorporating latest trends in clinical practice.

Dr Arif Rasheed Khawaja (FRCS General Surgery and Breast and Fellowship HPB-UK Head Of

Gujranwala Teaching Hospital, Director QEC- UHS), Dr Kashif Baig Assistant Professor Histo pathology at Independent Medical College, Professor Dr Syed Ejaz Shah, former Head of Oncology Department Allied Hospital Faisalabad, Professor Dr Major Abdul Rasheed were the guest speakers. Dr Saira Saleem (Member American Society of Breast Surgeons) also addressed. The audience was informed that the optimum care of

breast cancer is rapidly changing as a result of advances in all aspects of

patient care including prevention, diagnosis and treatment modalities.



Prof Dr A G Rehan, Prof Dr Major (r) Abdul Rasheed, Dr Arif Rasheed Khawaja, Dr Syed Ejaz Shah, Dr Kashif Baig and Dr Saira Saleem delivering lectures on Breast Cancer Management

Continuing Professional Development

Department of Electrical Engineering at The University of Faisalabad arranged a one day CPD – Continuing Professional Development workshop on 7th May 2015.

Continuing Professional Development (CPD) is the means by which people maintain their knowledge and skills related to their professional lives.

Resource person Dr Faizan Dastgeer – Asst. Professor UET Faisalabad shared useful information on the topic “DC Power Distribution”. A large number of engineering students attended the

workshop and regarded this as an informative seminar.

Rector, Dr Abdul Majeed was the chief guest and was accompanied by

Dr Asim- HOD Electrical Engineering, Mr Awais, Asst Professor Electrical Engineering and Mr Saleem Kayani, Director Press and Publications.



Dr Faizan Dastgeer speaking to the participants of workshop

Professional CV writing and interview coaching

Today's Job Market has its own requisites and being a

professional is one of its essential requirements. The University of Faisalabad organized a Workshop on Professional CV writing and Interview coaching in collaboration with Metro Cash & Carry on June 4, 2015. Students from different Schools of TUF were exposed to an insight towards Job Market, CV and Interview skills followed by a small interesting activity.



Experts from Metro Cash & Carry delivering lectures in Saleem Auditorium

Orientation Workshops for House Officers

Two day orientation program for fresh graduates of University Medical & Dental College, joining Madina Teaching Hospital as house officers was organized by Department of Medical Education on 12th & 13th June, 2015. The program started with welcome addresses by Prof Dr A G Rehan-Medical Director MTH/ Principal UMDC, Prof Dr Syed Akhtar Hussain Bukhari- Principal Dental College, Brig Dr Tauseef Qadir Qureshi, MS MTH & Heads

of the clinical departments.

A series of workshops on Counseling Skills, Professionalism, Documentation protocols & basic Life Support were conducted to facilitate the young doctors to perform effectively in their new professional role as house officers. Certificates were awarded to them at the end of the program.

The workshop on counseling skills was conducted by Dr Tariq

Rasheed, Dr Shirza Nadeem & Ms Zainab Asif. A hands-on activity was conducted after a comprehensive interactive session in which participants applied their counseling skills. Professionalism workshop was facilitated by Dr Tanzeela Khalid, Deputy Director DME, in which participants described attributes of a good professional & were informed about different measures of

professionalism. Workshop on Basic life support (BLS) was conducted by Dr Rizwan Rasool to enhance the skills of the attending doctors in treating the victims of cardiac arrest and choking. Students had a practical hands-on training session which focused on CPR i.e. Chest Compression and ventilation.

Information Booth on “Scientific Literature” by PASTIC

Pakistan Science and technological information center - PASTIC is the premier organization for dissemination of scientific and technological information to the scientists, researchers, engineers, entrepreneurs, industry and citizens of Pakistan.

Being seized of the importance of the research for students, the university organized a booth on 8th May 2015. A team of professionals from PASTIC visited TUF to brief students about the accessible services and how they can capitalize on the valuable services.

Rector, Dr Abdul Majeed along with senior faculty members also visited the information booth and appreciated the efforts in providing these valuable research facilitation services to the students and researchers. Earlier, Mr Muhammad Husnain - Deputy Director PASTIC also attended a meeting with Rector, Additional Registrar Prof Muhammad Ashfaq and Mr Saleem Kayani, Director Press and Publications.

PASTIC organized an information booth at Saleem Campus also on April 16, 2015. Prof Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences, visited the booth and explained the use of directories on medical literature to students. Hundreds of students visited the information booth with their teachers and filled up the PASTIC membership forms. The PASTIC will provide bibliographic information and abstracts of articles on the relevant topics to students.



Prof Dr Abdul Majeed (in left photo) and Prof Dr Muhammad Saeed (in right photo) at 'Information Booths' with other faculty members and students

Prof Dr Abdul Haque delivered keynote lecture in International Conference on Health & Medicine

Dr Abdul Haque, Professor of Pathology, The University of Faisalabad was invited by Serendivus International, Singapore to deliver a keynote lecture and to co-chair Serendivus International Conference on Health and Medicine at Galadari Hotel, Colombo, Sri Lanka on 17th -18th March, 2015. The University of Faisalabad was an academic partner of this conference.

The conference was attended by delegates from 25 different countries including USA, Japan, UK, and India. Prof Abdul Haque delivered his keynote lecture on first day immediately after the opening ceremony. The topic was “Rapid emergence of drug resistance in bacteria; are we losing the battle?” He also chaired two sessions of the conference.



Prof Dr Abdul Haque delivering lecture in International Conference

Outstanding performance of School of Optometry in 1st International Conference

The students of Doctor of Optometry, 8th semester, Ms Kalsoom Rani, Senior Coordinator, School of Optometry and Ms Rubina Kousar attended the 4th National and 1st International Conference of Optometry in Pakistan held in collaboration with Eastern Mediterranean Council of Optometry (EMCO) on April 12-13, 2015 at Islamabad. It was an international platform for the first time in Pakistan and an opportunity for optometry institutes to project them. Ms Kalsoom Rani, Vice President of Pakistan Optometry Society played a major role in arrangements of conference and involved students of OD 8th semesters actively in the conference.

Ms Kalsoom Rani presented a paper on the affect of the functional vision component (color, contrast, visual acuity) on high spectacle correction. It was a new aspect to highlight the cause of reduced contrast with spectacle correction in high refractive errors. The participants appreciated the new facts and idea of inclusion functional vision assessment in routine examination

Ms Rubina Kousar unfolded her survey on optometry faculty professional teaching training skills in different optometry institutes and also presented the model of ideal optometric setup

Hina Nasir, Student of OD, displayed a video documentary titled, A chromatic world, on one of the blinds school in Faisalabad and unmasked the life of students in blinds

schools, establishing the fact that many low vision persons are treated as blind in our society. It was a very heart touching video prepared by Samaha Jhangir and Hina Nasir. A humorous skit was staged by Hafiza Samina, Rabia saeed, Nimra Gul and Rizwa Falak on the basis of true facts regarding contact lens misuse. Fatima Iqbal one of the bright students of OD, made a presentation on ocular complication with snake bite which was appreciated by all. Fatima Iqbal was awarded a Gold Medal on her outstanding performance in academics. The overall impact of School of Optometry, The University of Faisalabad was out standing in the conference.



Faculty members and students of School of Optometry in Conference

UMDC Faculty Members attends AEME Conference

A 13 member delegation represented University Medical & Dental College, Faisalabad in Association for Excellence in Medical Education (AEME) Conference; an international conference held in Islamabad on 7th and 8th of March, 2015. Four papers were presented in this conference by UMDC faculty members:

1. "Prioritizing medical education research in Pakistan" presented by Dr Tanzeela Khalid
2. "Examining professional Identity of first year MBBS students by using metaphors"- presented by Dr ShirzaNadeem. Dr Sumera Riaz was a co-researcher in this project.
3. "Effect of non-academic variables (Gender and previous system of education, HSCE/ GCE) on medical students score"-Poster prepared by Dr Saba Tariq and Dr Sundus Tariq was presented by Dr Saba Tariq.
4. "Stress in medical undergraduates; its association

with academic performance", a research by Dr Aisha Sajid, Dr Tanvir Ahmad and Dr Tanzeela Khalid, already accepted for publication by an international journal, was presented by Dr Aisha Sajid. The papers were highly appreciated and the participants of the conference were awarded 11 CME hours.



UMDC faculty members at AEME Conference

ProQuest

A group of 12 faculty members and librarians from TUF attended a one day seminar on "SUMMON Discovery Service and ProQuest Theses and Dissertations" at Government College University. The resource person from ProQuest Mr Anas Abdulhedi explained the process to indexing the Pakistani theses and dissertations in ProQuest database. He also elaborated Summon to search online books, electronic journals, theses, and dissertations from all HEC databases simultaneously.



Group Photo of the participants of seminar

Food Carnival

A Food Carnival, under the auspices of the School of Nutrition and Dietetics was organized at the Saleem Campus on 20th April, 2015. The objective of holding the carnival was to provide the students of Doctor of Nutrition & Dietetics (DND) an opportunity to practice the knowledge of Nutrition in preparing homemade eatables. The major credit of this activity goes to the DND students of all semesters. Whereas, Prof Dr Syed Jawwad Hussain, Head of School, Ms Faiqa Javed and Ms Rabiah Sherwani, Lecturers supervised the activity. The students set up many stalls of various homemade foods, prepared

by themselves to put on sale. The festival also included a counter of the Nutritionist from Mujahid Hospital who performed tests to estimate body fat and weight status. A stall had been allocated to the M/S Sehar Cooking Oil. Various amusement games and a singing competition were also an important feature of the festival.

The festival was formerly inaugurated by Ms Zahida Maqbool, Additional Registrar. Prof Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences and Prof Dr Syed Jawwad Hussain also accompanied. They walked round all the stalls and appreciated the efforts made by the students.



Students of Doctor of Nutrition & Dietetics at their stalls

Anti Dengue Campaign by TUF

Among the modern day epidemics, Dengue is proving to be a big problem in Pakistan. Government of Punjab (GOP) is especially focusing on prevention and timely action against Dengue. The University of Faisalabad is fully behind this campaign launched by GOP. A team of doctors from department of Community Medicine, UMDC headed by Prof Dr Zahid Masood along with Dr Naila Dr Neelam and Dr Uzma, visited Amin campus Campus and briefed students about the history, modus operandi and preventive measures which can be taken against the Dengue virus. Seminar ended with a question-answer session and students asked various questions they had in their minds.

Afterwards, students visited various points in the city and distributed flyers to create awareness in general public about anti-Dengue prevention measures. Finally the team went live on TUFIAN FM 96.6 and answered the question by

the listeners.

In Saleem Campus, MBBS students of 4th year took part in the campaign by distributing public awareness flyers / handouts to the travelers at M3 Motorway from Faisalabad to Lahore Islamabad and Peshawar, on 15th April 2015. A large number of students took part in the activity. Students were facilitated by National Highways & Motorway Police Officers. Dr Zahid Masood also delivered a lecture in Saleem Auditorium on April 28, 2015.

In continuation of its Anti Dengue Campaign, TUF also organized a dengue awareness seminar in GC Women University Faisalabad. On the occasion Dr Zahid Masood told that to combat the menace of dengue unplanned urbanization must be stopped and environmental sanitation should be prioritized to eliminate the mosquito of dengue fever. Dr Sumera shahzad, Assistant Professor also spoke

on the occasion and focused on preventive measures for young children. Dr Neelam, Dr Naila and Dr Uzma were also present on the occasion. Prof Dr Noureen Aziz Qureshi, VC, Government College for Women University, highly appreciated the team efforts of TUF for public awareness regarding Dengue fever.



Prof Dr Zahid Masood briefing about control of Dengue virus



Anti Dengue Campaign- TUFIUANS distributing flyers for public awareness



Prof Dr Zahid Masood and his team with Prof Dr Noureen Aziz Qureshi and others.

TUF Participation in Education Expo 2015

Education fairs are an important platform where students can contact representative of colleges and universities. They can discuss options about various degree programs and courses. This also enables them to chalk out their future academic plans.

The University of Faisalabad also set up a stall in the Education Expo held in Garvaish hotel on 2nd June 2015. The university distributed various giveaways including key chains, writing pads, ball points, brochures and other informative material.

Apart from this, various medical tests like Uric Acid testing and Bone Strength checking was arranged at the stall free of cost.

A large number of students/parents visited the stall. Students showed deep interest in courses being offered at TUF. More than a thousand people visited TUF stall of which a sizeable number also showed interest in seeking admission at TUF in the upcoming academic year.



Faculty members and students at University stall during Education Expo 2015

Inauguration Ceremony of TUF Adventure Society

Adventure Society is an integral part of any university environment. Young minds require opportunities through which they can groom themselves and get involved in the adventure activities like hiking, rowing, riding, camping, trekking and climbing etc. Considering the high value of such activities, inauguration ceremony of the TUF adventure society was arranged in the auditorium.

It seemed as if students were waiting for this valuable opportunity for a long time as they participated and joined the Society enthusiastically. Chief Guest, Rector Prof Dr Abdul Majeed while addressing the audience also shared his personal experiences at Leeds University UK. In addition Major Muhammad Saeed, Head of Adventure Society

thanked all participants. Mr Saleem Kayani-Director Press and Publications also spoke on the occasion.



Members of TUF Adventure Society with Prof Dr Abdul Majeed, Rector and other faculty members

CME Activities

Protocols for Transportation of Surgical Specimens for Histopathology

Department of Pathology organized the first accredited CME activity on 4th March, 2015 at UMDC. It was based on common mistakes made during the surgical specimens handling, preservation and transportation from the time of Surgery till the arrival to Pathology lab.

Prof. Dr Sadia Hameed, HOD Pathology department briefly described the basics of Surgical Pathology especially the specimen fixation. It was followed by a detailed lecture by Dr Shazia Aslam.

Curriculum Integration

Department of Medical Education organized a one day workshop on 'Curriculum Integration' on 8th March, 2015 for the medical faculty members of curriculum committee representing both basic & clinical sciences of University Medical & Dental College.

An eminent medical educationist, Prof. Idrees Anwar, Head of Surgery department at Rawalpindi Medical College was the facilitator for this workshop. He emphasized the need to revise the existing curriculum of MBBS, in the light of latest recommendations by the PM&DC and HEC to improve the application of basic science principles in practice of medicine.

Item Construction

Department of Medical Education, University Medical & Dental College organized a one day accredited CME workshop on "Item Construction" on 19th March 2015. It was attended by medical and dental faculty members of UMDC and Mdinah Teaching Hospital. Dr Sumera Ehsan from Punjab Medical College and Dr Shirza Nadeem from UMDC were the facilitators of the workshop.

Constructive feedback

A workshop on 'Constructive Feedback' was organized by the Department of Medical Education on 26th March, 2015 in Conference room of Saleem campus. The workshop was attended by the faculty members of UMDC & MTH,

Faisalabad. Dr Tanzeela Khalid, Deputy Director DME and Dr Shirza Nadeem were the facilitators for this workshop.

The main objective of the workshop was to motivate participants to develop a culture of feedback at their institution. They were given an overview of how to give reflective feedback to their students.

Review cases of Histopathology

A one day CME activity accredited by U.H.S was organized by Department of Pathology at UMDC, on 4th April, 2015, under the title "Review cases of Histopathology". The workshop was attended by Histopathologists, General Practitioners and demonstrators from various medical institutes of Faisalabad.

Workplace Based Assessment

A workshop on "Workplace Based Assessment" was organized by Department of Medical Education, UMDC on 09th April 2015. It was attended by medical and dental faculty members of UMDC and Mdinah Teaching Hospital. Prof Dr Asghar Naqi, Professor of Surgery & Director DME from King Edward Medical University and Dr Amina Ahmad Associate Professor of Medical Education, UHS Lahore were the facilitators of this workshop.

Professionalism; Teaching it to the undergrads

Department of Medical Education, UMDC organized a one day workshop titled "Professionalism; teaching it to the undergrads" on 18th April 2015. It was attended by faculty members from UMDC and TUF. The participants worked in small groups doing hands on activities about how to teach and assess professionalism in undergraduate students.

Prof Dr Abid Ashar, Professor of Oral and Maxillofacial Surgery, Fatima Memorial Hospital, College of Medicine and Dentistry, Lahore and Dr Tanzeela Khalid, Deputy Director (DME), UMDC Faisalabad were facilitators for this workshop.

Workshop on Curriculum Integration

A workshop on curriculum integration was organized by Department of Medical Education, UMDC on 9th of May, 2015 for capacity building of faculty members of University Medical College for upcoming curricular reforms. Prof.



Glimpses of CME workshops at UMDC

Rashida Ahmad, Chair undergraduate medical curriculum committee, Aga Khan University Medical College, facilitated the workshop. She talked about the challenges and barriers

likely to be faced by any faculty undertaking curricular change. She motivated the participants with practical solutions to such issues.



CME workshops in progress, in Conference Room of UMDC

Merit Scholarships Award Ceremonies

The University of Faisalabad awarded scholarships to meritorious students who secured top positions in final results of the Fall 2014.

Honorable Muhammad Ahmad, Khadim Roza-e-Rasool

(SAW) was the chief guest of the ceremony held in Saleem Auditorium on April 14, 2015. Prof Dr Abdul Majeed, Rector TUF and other senior faculty members were present on the occasion.



Meritorious students receiving scholarships from Honorable Muhammad Ahmad, Khadim Roza-e-Rasool (SAW) in Saleem Campus

In Amin Campus Mr Hamid Nawaz Sheikh, Controller of Examinations appraised the house about the policy of the University regarding award of Scholarships. The salient features of the policy are as following:-

- a. One scholarship will be awarded if the class size is between 5 to 19.
- b. The maximum no. of scholarship will be equal to 10% of the class size for the eligible candidates if the class size is 20 or more (the fraction will be ignored).

Sixteen students of the BEE, BSCS, DPH, DPT and BSFS

disciplines won the scholarships.

Prof. Dr Abdul Majeed in his address emphasized that the University has recognized the hard work of the students. He congratulated the students for their meritorious performance in the Examination. He also stressed upon the Deans and Heads of Schools to pay full attention not only towards the Academics but also towards the Character building of the students to make them a better citizen of the community. The ceremony ended with a vote of thanks.



Promising TUFANS receiving merit scholarships from Rector Prof Dr Abdul Majeed in Amin campus

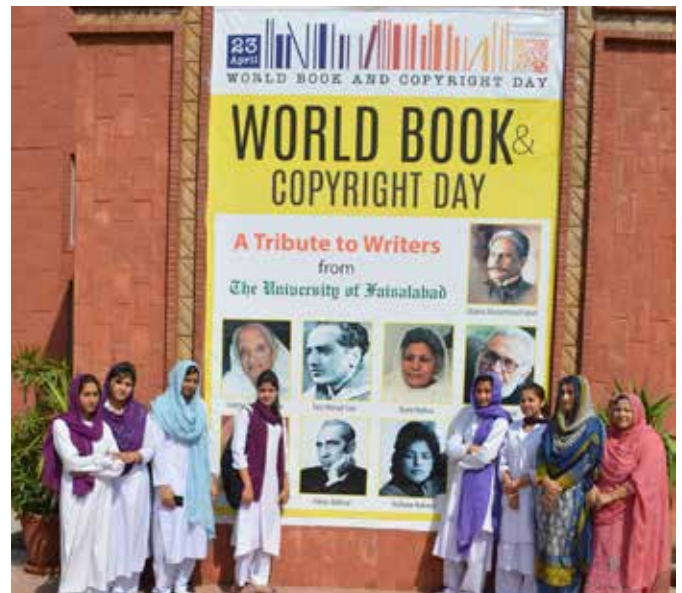
TUF Observes UN Days

Book & Copyright Day

UNESCO works with a mission of fighting against illiteracy with a staunch focus on books, erudition, reading and publications. This objective is the foundation for celebrating "World Book and Copyright Day" every year on 23rd April. As a fundamental ingredient of sustainable development goals, The University of Faisalabad also supports UNESCO in this mission.

To further this cause, a walk was held in TUF. A large number of students as well as faculty members participated. Chief librarian – Mr Umar Farooq in his opening speech highlighted the importance of book reading especially for the students. Chief Guest, Rector TUF - Dr Abdul Majeed elucidated about the importance of book reading in career building. In add-on, he also shared his personal experiences abroad to represent the impact of book reading on the professional career. Director Press and publications – Mr Saleem Akhter Kayani said that the books are an invaluable platform for knowledge and free flow of information essential for all societies.

At Saleem Campus, the students joined their hands together to honor books and their authors as the source of creativity, ideas, understanding and tolerance. Professor Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences, TUF in his address shared the value of books in this digital age. He



Students show their love for book reading at Saleem Campus

encouraged the students to build a strong relationship with the books. The Chief Librarian Mr Muhammad Umar Farooq highlighted the benefits of reading books. The ceremony concluded with a photo session of students with a banner to pay tribute to the prominent Pakistani authors.



TUFIANS participating in awareness walk to mark World Book Day at Amin campus

Labour Day

Labour Day is a gesture to pay national tribute to the contributions that workers have made to the strength, prosperity and the well-being of the countries. Every worker deserves a basic right to be respected.

The University of Faisalabad acknowledges the fact that the workers through sweat and sacrifice help to build nations. TUF symbolized this acknowledgement by arranging a seminar, walk, various documentaries, speeches and poetry clips.

Mr Nazar Iqbal – BEE made a good speech and Mr Nauman Khan – BEE came up with a documentary and a presentation. Mr Umar Hayat – BEE presented a moving piece of poetry.

Mr Saleem Kayani, the chief guest said that the Quran and the Holy Prophet (PBUH) have provided us with clear cut guidance with regard to rights and respect of the labourers. Mr Awais Cheema said that the faculty and the student members of the Character Building Society are making untiring efforts to achieve the lofty goals of Character Building Society.

World Labour Day was celebrated by Character Building Society at Saleem Campus of The University of Faisalabad. Prof Dr Muhammad Saeed, Dean Faculty of Medicine and Allied Health Sciences was the Chief Guest while Ms Zahida Maqbool, Additional Registrar was the Guest of Honour. Students of School of Rehabilitation Sciences, semester II presented tableaux and a short documentary on the Labour problems in Pakistani society. Speaking to the audience

Dr Muhammad Saeed shared his views on 'Labour Day' and appreciated the students for their efforts. On this occasion, cash prizes were given away to the

best janitorial staff, best worker, best floor manger and to the students for best hostel room, during a week-long cleanliness drive held at the Campus and girls' hostel.



Mr Saleem Akhtar Kayani, Mr Awais Cheema and others expressing their feelings for labourers and workers



Students performing a skit to mark World Labour Day.

After receiving cash prizes, Janitorial staff posing with Prof Dr Muhammad Saeed, Ms Zahida Maqbool and others at Saleem Campus

UN English Language Day

School of English Language & Literature and Character Building Society TUF celebrated UN English Language Day at Saleem Campus on April 29, 2015. The Chief Guest, Prof Dr Muhammad Saeed, Dean Faculty of Medicine and Allied Health Sciences emphasized the importance of the English language in the world as well as its role in Pakistan. The students of School of English Language and Literature presented a documentary

on the history of English Language and recorded interviews of TUF faculty members and administration on the importance of English Language &

Literature. Ms Sunayna, student of BSID semester II, gave an informative presentation on popularity of English in the world.



Prof Dr Muhammad Saeed and Ms Sunayna, a student of BSID expressing their views on importance on English Language

Earth Day

Galvanized by the mounting evidence of environmental damage due to pollution, earth day is celebrated worldwide. It has become the largest and the most celebrated environmental event. On this day, we remember to appreciate nature and learn ways to protect our environment. Since mankind came into being, it had to devise newer and better things to assist its preservation in a mostly hostile ambience.

The purpose of Earth Day is to "help to keep our grass green and our skies blue with more trees and less pollution." The University of Faisalabad arranged a walk and a tree plantation campaign in the campus on 22nd April 2015. Rector, Prof Dr Abdul Majeed shared the importance of trees for the betterment of ecosystem. Later, Rector alongside the students planted saplings to focus on anti-pollution measures.



TUFIANS planting a sapling in University lawn

Students with senior management and faculty members depicting their feelings "SAVE EARTH"

Entrepreneurship Day

In order to create awareness for entrepreneurship, novelty and governance among the students, The University of Faisalabad arranged a seminar on 16th April 2015. The purpose behind the celebration of this day was to acknowledge the hard work and efforts put in by the founders, managers, industrialist, innovators and administrators who have helped to shape up the new face of the corporate world.

Dr Khalil Ahmed – In-charge of Students Welfare Foundation

at TUF started the seminar with his scholarly speech followed by a talk by Mr Salman Majeed from School of Management Studies. A fascinating skit by the students of BSCS was performed and was acclaimed by audience. Lastly, Mr Shahzad Iqbal–Asst Professor School of Management thanked the audience.

Mr Hamid Nawaz - Controller Examination was the chief guest of this occasion.



Mr Salman Majeed and Mr Shahzad Iqbal delivering talks regarding importance of entrepreneurship, while students presenting a skit

School of Management Studies Saleem Campus, TUF organized an entrepreneurship event on April 15, 2015. The activity was inaugurated by Ms Zahida Maqbool, Additional Registrar accompanied by senior members of the faculty and administration.

The event provided an opportunity to implement theoretical knowledge into practical experience regarding strategies, tasks and services of mentoring that create value for customers.

As a part of their course of “Principles of Marketing” The students of BBA-IV were required to introduce and establish a new business, with a blend of latest trend and innovative approach. Students came up with the idea of Photography under the project name photo booth and the logo was “Pick a Prop, Strike a Pose”. Students created their company named as “Word’s Connection” and introduced their product “Rock the Box”. Different themes such as Royal, Collage, Pirates and Funky were created.

Mrs Nadia Shamim, Coordinator School of Management Studies thanked the faculty and the administration for their interest and feedback.



Ms Zahida Maqbool, inaugurating Entrepreneurship Day event at Saleem Campus



Students of BBA performing in “Pick a Prop, Strike a Pose”.

Mother’s Day

Mother’s Day is a modern celebration honoring one’s own mother, as well as motherhood, maternal bonds, and the influence of mothers in society. The University arranged a gathering on this day to honor the deep respect associated with motherhood.

Students, faculty members and senior members gathered in the auditorium where a collection of documentaries, pictures and poems were waiting to take them back to their childhood in

the lap of their mothers.

It was a spellbinding environment as the voice of poet Anwar Masood coupled with the especially selected photographs and documentaries for this moment, sent tears rolling

down the eyes of the audience. Chief Guest, Mr Hamid Nawaz – Controller Examinations emphasized on the importance of the value of motherhood in Islam.



Mr Hamid Nawaz Sheikh expressing his feelings to mark Mother’s Day at Amin Campus

Malaria day

To mark the world Malaria day a seminar was organized in The University of Faisalabad on May 6, 2015. In his address Dr Zahid Masood, Head Department of Community Medicine, UMDC disclosed that according to WHO statistics, in 2012, about 3.3 billion people – almost half of the world's population- remained at risk of malaria. Every year this leads to about 216 million malaria cases. People living in the poorest countries are the most vulnerable. Dr Masood declared Malaria a major public health problem of Pakistan and due to lack of personal hygiene labeled it a “poor man's disease”. Dr Masood emphasized that Malaria is preventable and curable. He further added that more research work is

needed to control the problem of malaria. Earlier Dr Uzma gave the overview and the problem statement of malaria. Dr Neelam explained different types of malaria in addition to explaining the theme of Malaria Day. Dean Faculty of Pharmaceutical Sciences, Professor Dr Faqir Hussain Khan in his address said that malaria was still one of the major causes of morbidity in Pakistan and due to the

disease, sizeable number of patients become economically inactive for quite some time. He attributed this to growing drug resistance in malaria. Dr Sumera suggested that Advocacy, Communication and Social Mobilization (ACSM) with integrated sustainable vector control activities like being done for Dengue control in Punjab are needed.



Prof Dr Faqir Hussain and Prof Dr Zahid Masood speaking to the audience regarding prevention and cure of Malaria

TUF observes “World No Tobacco day”

World No Tobacco day is observed every year. The day is intended to draw attention to the widespread prevalence of tobacco use and its negative health effects, which currently lead to nearly 6 million deaths each year worldwide. The University of Faisalabad arranged a seminar in Amin Campus on 29th May to enlighten students about the adverse effects of smoking. The students' body skillfully transmitted their message through various means including speeches and a skit.

TUF Students Welfare Society (SWF) Vice President Mr Ghareeb Nawaz (BEE-6th Semester) gave a very comprehensive speech and briefed about the negative consequences associated with smoking. Society President, Mr Mudassar Ahmad (Pharm D, 9th Semester) offered the vote of thanks to the audience. Rector, Prof Dr Abdul Majeed was the chief guest who also shared his valuable thoughts on the health risks associated with tobacco use and advocating for effective policies to reduce tobacco consumption.

A seminar in context of World No Tobacco was also held in Saleem Campus. Speaking on the occasion, Prof Dr Zahid Masood, Head Department of Community Health Sciences,

UMDC told that tobacco epidemic is one of the biggest public health threats the world has ever faced, killing nearly six million people a year. There were 30 million tobacco smokers in Pakistan and 80,000 people died annually because of it. Dr Zahid highlighted the harmful effects of Smoking with the help of strong facts and figures. He suggested that tax increase on tobacco, hard-hitting anti-tobacco advertisements and graphic pack warnings, especially those that include pictures, would reduce the number of children who begin smoking. Mass media campaigns can also reduce tobacco consumption, he added.

Professor Dr Faqir Hussain Khan Dean Faculty of Pharmaceutical Sciences, the chief guest, showed deep concern on increasing health hazards of tobacco and premature deaths due to second hand smoking. He endorsed the theme of “Stop illicit trade of tobacco products” and enforcement of WHO Framework Convention on Tobacco Control. Dr Rabia spoke about the theme of day. This was followed by a tableau prepared by 4th year MBBS students with reference to hazards of tobacco use.



Prof Dr Abdul Majeed and Prof Dr Zahid Masood delivering talks on harmful effects of tobacco while TUFians performing in tableaux

Red Cross and Red Crescent Day

The International Red Cross and Red Crescent Movement is an international humanitarian effort with approximately 97 million volunteers, members and staff worldwide. This was founded to protect human life and health, to ensure respect for all human beings, and to prevent and alleviate human suffering.

World Red Cross and Red Crescent Day is an annual celebration of the principles of the International Red Cross and Red Crescent Movement and is celebrated every year on 8th May.

The University of Faisalabad arranged a walk on 8th May 2015 to recapitulate the principles associated with this movement. A large number of students and faculty members participated in the walk. Rector, Prof Dr Abdul Majeed was the chief guest. Dr Waqas – DPT gave a speech to highlight the major objectives of Red Crescent Day.

Character Building Society, TUF celebrated Red Cross and Red Crescent Day on May 8, 2015 Saleem Campus. Faculty

members and the students were briefed on the history and activities of International Red Cross and Red Crescent Movement in the world. Ms Katrina Hurbik, In-charge Character Building Society shared her views on the occasion and stressed on how an individual could contribute to the welfare of the society.



Prof Dr Abdul Majeed, senior faculty members and students participating in walk on "World Red Cross and Red Crescent Day"



Ms Katrina Hurbik and others briefing about the importance of Red Crescent Society

Thalassemia Day

World Thalassemia Day is observed on 8th May every year, to create awareness among the masses about this dreadful disease and how it can be prevented. The department of Pathology has been celebrating this day for the past eight years. This year a seminar was held on 21st April 2015 to highlight the "Molecular Basis of Thalassemia".

As far as the diagnosis is concerned the recent advances made especially in the field of prenatal diagnosis were highlighted by the guest speaker Dr Shahid Mehmood Baig, working as Head of Health Biotechnology Division, Deputy Chief Scientist and Group Leader of Human Molecular Genetics at National Institute for Biotechnology and Genetic Engineering (NIBGE) Faisalabad.

Prof Dr Sadia Hameed and Dr Shazia Aslam emphasized on the early diagnosis and prohibition of the consanguineous marriage in our society so as to prevent the time when all efforts become useless and life slips out between the fingers

and death takes back the debt that is owed to it.

The seminar was followed by an interactive question & answer session in which Dr Salahuddin (HOD ENT), Dr Aisha Sajid (HOD Peds), Dr Mubashira Naz (HOD Gynae) & Dr Anwar Kamal (HOD Physiology) gave their valuable input.

In the end, Prof Dr Mohammad Saeed, Dean, Faculty of Medicine & Allied Health Sciences delivered vote of thanks.



Prof Dr Muhammad Saeed presenting University memento to Dr Shahid Mehmood Baig

International Nurses Day at MTH

May 12 is always a special day in medical profession as it is observed as International Nurses Day every year. A walk was arranged to show adoration and solidarity toward this valuable

profession, which is a foundation rock for hospitals anywhere in the world. This day is commemorated as birth anniversary of Florence Nightingale, the pioneer icon and primary

philosopher of this noble profession. "Force for change, Care effective and Cost effective" was chosen as theme for international Nurses Day 2015.

Medical Superintendent Brig (Retd) Dr Tausif Qadir Qureshi, Additional Medical Superintendent / Additional Director Nursing Affairs Dr Dimple Mustafa, Principal School of Nursing Brig (Retd) Mrs Naseem Akhtar and all the faculty members participated in the walk.



Senior Administration, staff and students of School of Nursing, MTH displaying banners to mark International Nurses Day

International Day of Families

Character Building Society - TUF observed the International Day of Families in Saleem Campus on May 15, 2015. The theme of the event was gender equality and children's rights in contemporary families.

Prof Dr Muhammad Saeed - Dean Faculty of Medicine and Allied Health Sciences, Prof Dr Faqir Hussain - Dean Faculty of Pharmaceutical Sciences and Prof Dr Haji Muhammad Aslam - Head Department of Forensic Medicine, UMDC were present on the occasion. The students highlighted

the importance of family in ones development and an equal role of each member in the family. Prof Dr Muhammad Saeed shared his views on the topic emphasizing

on the rights of children as well as the responsibilities of each family member. The guests appreciated the students for their efforts.



Students performing a tableau depicting importance of family in one's life

Environment Day

Toxic pollution has a devastating impact on the human health and the environment. It is visible through symptoms like acid rain and global warming. These symptoms ultimately foster major problems in human health ranging from heart diseases to respiratory problems.

From the empirical analysis of the historical data it is perceived that, in the past 150 years, carbon dioxide emissions have reached levels higher than they have been for hundreds of thousands of years, with more than 200 million people worldwide affected by air pollution. The problem is deadly as outdoor air pollution was estimated to cause 3.7 million premature deaths worldwide in 2012. In Asia, two nations India and China

are the prominent pollution agents triggered by rapid economic growth. They have seen furious economic growth in the past decade fuelling a rapid rise in pollution.

In order to comprehend the world's changing environmental trends, The University of Faisalabad arranged a seminar on 5th June 2015. Students and faculty attended in a large

number. Besides documentaries an informative speech by Dr Khalil – Head QEC helped students to realize the gravity of the environment pollution phenomenon. Rector, Dr Abdul Majeed was the chief guest, who also shared his valuable views. Ceremony ended with a pledge to save our future generations from this menace.



Prof Dr Abdul Majeed and Prof Dr Khalil Ahmad addressing the audience

World Information Technology Day

School of Computer Sciences, TUF organized a seminar on "Importance of Information Technology in Education" in context of World Information Society Day, in Saleem Campus on May 18, 2015. Ms Sania Nayab, Lecturer, School of Computer Sciences in her address said that globalization and rapid technological advancement have changed our lives and allowed us connecting the world more easily, as well as flipped the ways of learning and teaching. In her lecture she delved on the fact that the present age is the age of information technology and IT has not only revolutionized the world but also left its impact on every sphere of human activity. She said that with the help of IT we can build the societies sharing information and other resources, providing assistance in education and other productive activities. She briefed about the social media page of TUF as an example of an information society. Ms Sania expressed that with the

help of Information Technology we have access to variety of learning resources, immediacy to information, anytime and anywhere learning, collaborative learning, multimedia approach to education, authentic and up to date information, access to online libraries and distance education etc.



Ms Sania Nayab talking about Importance of Information Technology in Education

Head Injury Awareness Day

The World Head Injury Awareness Day falls on March 20th every year. In this context, Department of Surgery, Madinah Teaching Hospital organized an awareness seminar. The event was presided by Prof Dr A G Rehan- Principal UMDC, while Prof Dr Tariq Ahmad- Neurosurgeon, Allied Hospital, Faisalabad was the guest speaker. Associate Prof Dr Tanvir Ahmad- Department of Surgery MTH, defined the aims and objectives of observing this day.

Prof Dr Tariq Ahmad highlighted the high rate of road accidents and said that due to a lack of awareness of road safety measures and inadequate medical facilities, particularly in rural areas, Pakistan is facing the highest rate of trauma.

Causes of Head Injury

The three most common causes of Head Injury are: Motor Vehicle, Bicycle, Or Vehicle-Pedestrian Accidents (50%), Falls (25%), and Violence (20%).

Recommendations

- Always wear a seat belt when in a motor vehicle
- Use an appropriate child safety seat
- Never drive under the influence of alcohol or drugs
- Always wear a helmet when on a bicycle, motorcycle or scooter
- Use the rails on stairways

- Provide adequate lighting on stairs for people with poor vision
- Do not place obstacles on pathways
- Provide the correct safety equipment for workers

Prof Dr A G Rehan stressed on improvements of health care facilities to deal with fatal head injuries. He also emphasized that by adopting preventive measures, fatal head injuries can be avoided to a large extent.



Group Photo- Prof Dr A G Rehan, Prof Dr Tariq Ahmad and other participants of the seminar

Interior Design Day

School of Interior Design, TUF organized a seminar in context of "World Interior Design Day" in Saleem Campus on May 27, 2015. Prof Dr Abdul Majeed, Rector TUF was the chief guest while renowned architect and interior designer Mr Raza Haider Khawaja from Islamabad was guest speaker.

Ms Nijah Hamid, Coordinator, School of Interior Design briefed the audience about the purpose of the seminar and highlighted the hitherto performance of the School.

Mr Raza Haider delivered a comprehensive lecture on "Scope of Interior Design Vs Architecture".

An exhibition of projects made by students of BSID was also held. Students worked on novel ideas and developed a variety of feasible projects of interior design, showcased in the exhibition, illustrating their vitality and enthusiasm. Visitors appreciated the innovative works and achievements of TUFIANs.



Prof Dr Abdul Majeed, Mr Raza Haider Khawaja and Ms Nijah Hamid delivering talks on the importance of profession of interior design. Guests visiting students' projects.

Blood Donor Day

World Blood Donor Day is one of eight official global public health campaigns marked by the World Health Organization (WHO). This day was established in 2004 to raise awareness of the need for safe blood and blood products. Every year, countries around the world celebrate this day to thank voluntary unpaid blood donors for their life saving gifts of blood.

WHO encourages all countries and national and international

partners working on blood transfusion and maternal health to develop an activity plan to highlight the need for timely access to safe blood and blood products in the prevention of deaths. The theme for this year was "Thank you for saving my life".

This day was observed in TUF on 11th June 2015. A blood donation camp was arranged by Blood Donor Society-TUF. A team from Madinah Teaching Hospital visited Amin Campus for the collection of blood donations given by the students and faculty members. Director Press and Publication

Mr Saleem Kayani visited the spot to motivate the working team.

Lastly, a walk took place to express the team spirit. This event was covered by TUF education channel – FM 96.6 in which various students, doctors and participants were interviewed. Blood donor day was observed on June 2, 2015 in at UMDC. Every year this day is observed by the department of Pathology to encourage people to come forward and help someone save a life. Prof Dr Sadia Hameed highlighted some

facts regarding this gracious gesture and the need for every drop of blood in our society. The guest speaker, Dr Falak Gir, Head of Blood Donation Services Faisalabad put forward rationale of blood donation and gave the message to take the pledge and commit to saving life through donating blood or supporting blood donations. Faculty members and large number of MBBS students attended the informative session.



Dr Falak Gir and Dr Faiza expressing their views regarding importance of blood donation

Blood Donation Camp at Amin Campus

International Children's Day

Every year millions of young children are deprived of their basic right of education. They are forced to join the workforce where they have to face hard conditions. These children develop a deficiency in terms of education as well as in proper upbringing. International Children's day is observed with the pledge to protect and promote the rights of children to thrive, to learn, to grow, to make their voices heard and to reach their fullest potential.

The University of Faisalabad arranged a seminar on this day to drive home the rights and privileges of children. Students and faculty members thronged to the auditorium. Recitation of Holy Quran was done

by Muhammad Arslan (BBA-2nd) and a beautiful Naat was rendered by Muhammad Zulqarnain (BSCS-2nd). In-charge literary society Professor Malik Muhammad Aslam enlightened the audience about the modern day problems being faced by the children. Chief Guest Rector, Dr Abdul

Majeed shared the consequences of the malnourishment of developing minds. Informative documentaries were displayed and were viewed with interest.

Ceremony ended with the national anthem.



Prof Dr Abdul Majeed and Prof Muhammad Aslam Malik delivering talks regarding children rights

TUF extends condolences over helicopter crash tragedy in Gilgit

A condolence meeting was held in The University of Faisalabad to condole the tragic incident of helicopter crash in Gilgit in which seven people including foreign ambassadors lost their lives.

The meeting was chaired by Prof Dr Abdul Majeed, Rector, attended by faculty members and staff of the University. The participants expressed their profound grief and sorrow over this tragic incident and expressed sympathies with the aggrieved families. The participants of the meeting offered Fateha for the departed souls and prayed for the recovery of injured.



Faculty members and staff offering "Fateha"

Shab e Meraj un Nabi (SAW)

In connection with Shab e Meraaj, a 'Mehfil-e-Milad' was held at The University of Faisalabad on 5th May 2015. A large number of guests including the prominent Naat reciters faculty members and students attended the Milad ceremony.

Mukhtar auditorium presented a spectacular view and the audience was fascinated by the beautiful voices of the Naat reciters and the beautifully decorated stage.

Participants expressed their immense love for the Holy Prophet (PBUH) by reciting beautiful Naats. Audience, as a whole, renewed the pledge to follow in the footsteps of the Holy Prophet (PBUH) by spreading the message of patience, tolerance and peace. After the ceremony dinner was served. Chairman Board of Governors Mian Muhammad Hanif was the chief guest and was accompanied by vice Chairman Board of Governors Mian Muhammad Rasheed as well.



Justice (Retd) Nazir Ahmad Ghazi, renowned scholar elaborating the importance of Shab e Meraaj in Islamic History



In Saleem Campus, Religious Society, arranged a Mehfil e Milad in context of Shab e Meraaj on May 15, 2015. Students from different Schools of TUF participated with deep devotion in reciting Naats. Dr Naheed Kousar, Assistant Professor, School of Arabic and Islamic Sciences dwelt at length on the significance of the event followed by Drood o Salam and Dua. Dr Naheed Kousar also gave a thought provoking talk regarding martyrdom of Hazrat Imam Moosa Kazim (AS).



Faculty members and students in program to commemorate the Shab e Meraj un Nabi (SAW)

Shabb-e-Bar'at

The night between 14th and 15th day of Shaban is known as Shabb-e-Bar'at. It is also known as "Laylatul-Bara'ah" (The night of freedom from Fire). The night is observed countrywide involving nightlong vigil with prayers. This night is the gift of God for forgiveness seekers and people struck with grief and problems of life. The University of Faisalabad arranged a seminar on 28th May

2015 to emphasize the importance of this sacred night. Speaker Mufti Muhammad Farooq Alqadri, Director

Riaz-ul-Jannah Islamic Institute dilated on the immense blessings associated with this holy night.



Mufti Muhammad Farooq Alqadri and Prof Ghulam Hayder Chishti speaking to the audience



Participants offering Prayer

Religious Society, TUF organized a Mehfil e Milad in context of Shab e Barat, one of the holiest nights for the Muslims. The event was held in Saleem Auditorium on June 2, 2015. TUFIANs participated with deep devotion in reciting Qiraat and Naat. Dr Naheed Kousar, Assistant Professor, School of Arabic and Islamic Sciences spoke about the significance of Shab e Barat.

Mehfil-e-Milad-un-Nabi (SAW)

A Mehfil-e-Milad-un-Nabi (SAW) was held in Saleem Campus, TUF on May 28, 2015.

The program started with recitation of the verses from the Holy Quran and Naat Rasool Maqbool (SAW) by

the students. Famous Naat Khwan, Qaria Hooria Rafiq from QTV recited a number of "Naats" in her heart touching voice. Faculty members, students and staff of the University attended the Mehfil to express their

deep respect and love for the beloved Prophet Hazrat Muhammad (SAW). Program concluded with Dua for the prosperity of the country and for the unity of Muslim Ummah.



Qaria Hooria Rafiq reciting "Naat" during Mehfil e Miad in Amin auditorium

A Mehfil-e-Milad-un-Nabi (SAW) for females was also held in Noor-e-Siddiq-e-Akbar Library of Saleem Campus, TUF on March 28, 2015. Large number of students form TUF and UMDC attended the program.



Qaria Hooria Rafiq reciting Naat

Islamic Events by TUF Religious Society

TUF Religious Society under the auspices of The School of Arabic and Islamic Studies, TUF arranged a function on 19 May 2015. Students and faculty members from various departments gathered to commemorate the services of the following towering personalities of the world of Islam.

1. Hazrat Imam Hussain (RA)
2. Hazrat Imam Qasim Bin Hussain (RA)

3. Hazrat Abbas Almdar (RA)
4. Hazrat Imam Azam Abu Hanifah (RA)

Speakers Dr Mehfooz Ahmad, Head School of Islamic Studies and Dr Matloob Rana, Assistant Professor, Government College of Commerce expressed their views about the religious services rendered by these prominent personalities in Islam. Rector, Prof Dr Abdul Majeed was the chief guest.



Guest Speakers expressing their views in the seminar

TUF observes Birth Anniversary of Syedna Ali Akbar (AS)

School of Arabic & Islamic Sciences, TUF organized a seminar on "Birth Anniversary of Syedna Ali Akbar (AS) bin Syedna Imam Hussain (AS)", in Saleem Campus on May 29, 2015. After the recitation of verses from the Holy Quran and Naat Rasool Maqbool (SAW) by the students Dr Samreen Rasool, offered Manqbat Elh-e-Bait (AS). Renowned scholar Mrs Fauzia Bukhari in her address to the audience told that Syedna Ali Akbar (AS) was the son of Syedna Imam Hussain (AS). He was a handsome young man of eighteen. Syedna Ali Akbar (AS) was a brave soldier of Islam. He so much resembled the Holy Prophet (SAW) that Syedna Imam Hussain (AS) was often heard to say that whenever I remember the beloved grandfather Hazrat Muhammad (SAW) I look at Akbar. He was the embodiment of noble virtues and perfect role model for young Muslims. He was martyred in battle of Karbla.

Mrs Fauzia Bukhari asked the students to adopt the teachings of Ehl-e-Bait (AS) to achieve success in the world and hereafter.



Renowned scholar Mrs Fauzia Bukhari expressing her views on Holy life of Syedna Ali Akbar (AS)

TUF observes Death Anniversaries of

Hazrat Abu Bakar Siddique (RA)

A seminar in the honor of Hazrat Abu Bakar Siddique (RA) was held in Amin Campus, The University of Faisalabad on 9th April 2015. The speaker Professor Dr Muhammad Mehfooz delivered a comprehensive lecture on the life of Hazrat Abu Bakar Siddique (RA). He highlighted the companionship provided by him to Prophet Muhammad (PBUH) in his whole life. Controller examination, Mr Hamid Nawaz was the chief guest. Function was attended by a large number of students and faculty members. Mr Muhammad Ahmar Raza - Pharm D,

President Religious Society -TUF, presided over the seminar.



Prof Dr Muhammad Mehfooz and Mr Hamid Nawaz Sheikh speaking to the audience in Muktar auditorium

Ummul Momineen Syeda Hafsa (SA)

School of Arabic & Islamic Sciences, TUF organized a seminar on "Death Anniversary of Ummul Momineen Syeda Hafsa (SA)" in Saleem Campus on June 03, 2015. After the recitation of verses from the Holy Quran and Naat Rasool Maqbool (SAW) by the students, Guest Speaker, Ms Mehat Zafar in her address threw light on the holy life, character and teachings of Ummul Momineen Syeda Hafsa (SA). The program concluded with Dood o Salam and Dua.



Participants offering Dood o Salam

Qiraat and Naat Competition

Intra University Qiraat and Naat competition organized by the literary society – TUF was held in Mukhtar Auditorium, Amin Campus, The University of Faisalabad on 15th April 2015.

Faculty members as well as the students from various disciplines participated with great religious fervor and reverence. The panel of judges included Dr Mehfooz Ahmad , Mr Aghar Ali Siddique and Hafiz Mahmood Sarwar.

Hafiz Subhan Rasheed-DPT 2nd Semester, Bilal Hameed-BEE 6th Semester and Faysal Hayat-BEE 2nd Semester got

the first, second and third positions respectively in the Qirrat competition. Muhammad Zulqarnain-BSCS 2nd Semester, Bilal Hameed-BEE 6th Semester and Faysal Hayat-BEE 2nd Semester got the first, second and third positions respectively.

Mr Umar Azmat – BEE 6th Semester acted as a stage secretary and Mr Muneeb Mustafa –BEE 6th Semester presided over the event.

Mr Saleem Akhtar Kayani - Director Press and Publications was the chief guest for this occasion.



Students participating in Qiraat and Naat competitions

TUFIANS got 2nd Position in Photography Competition

TUF team grabbed 2nd position in Product Photography Competition, organized by the University of Agriculture, Faisalabad under the mega event “All Pakistan 3rd Lyallpur Arts and Literature Festival, 2015”.

Management and Faculty of TUF congratulate the TUF team comprising of Sunayna Amatu Rab En Nasir, Smaha Jahangir and Ayesha Shahid on this achievement.



TUFIAN bags 3rd position in Write ups/ Blogs Competition

KHAS Stores Fashion Brand, conducted an activity amongst the students of different universities. The activity was based on apparel design, marketing advertisement design, write ups/blogs and virtual merchandising competitions.

Iqra Amjad, student of BS Interior Design, TUF got 3rd position in Write ups/Blogs Competition. Management, Faculty and students of TUF congratulate her on this achievement.



TUFIANS on receiving third prize in Write ups/Blogs Competition.

1st Alumnae Reunion at UMDC

UMDC Alumnae Association organized its first meet in Saleem Auditorium of The University of Faisalabad on June 13, 2015.

Prof Dr Abdul Majeed Rector of the University was the chief guest. Dr Saba Tariq, President UMDC Alumnae Association in her welcome address focused on the vision and objectives of the Association and expressed her gratitude for Alumnae's presence.

Prof Dr Abdul Majeed addressed the gathering and emphasized the importance of alumnae coming back to their Alma Mater.

Prof Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences, in his address highlighted the value of Alumnae get-togethers and appreciated the guidance given by Chairman BOG, TUF in this regard.

Ms Zahida Maqbool, Additional Registrar, welcomed the Alumnae and lauded the efforts of the Association to make it a memorable event.

Dr Sundus Tariq, Vice President UMDC Alumnae Association also expressed her views on the occasion.

A series of colorful programs and performances were given by MBBS and BDS students. The Alumnae shared their experiences and expressed their heartfelt gratitude to the Association for providing this grand platform and a great opportunity to interact with Alumnae, faculty and present students.



Students performing skit



Group photo of the participants

Prof Dr Abdul Majeed, Prof Dr Muhammad Saeed and Ms Zahida Maqbool addressing the UMDC Alumnae

Poster Exhibition by MBBS Students

A Poster competition was organized by the Department of Community Medicine, UM&DC on 28th March 2015 as a part of the curriculum to prepare scientific poster pointing to indigenous problems of Pakistan. Students of 4th year MBBS prepared and exhibited the posters reflecting the common health problems like Polio & Pakistan, Global Warming & its Implication, Malaria, 9 Diseases & EPI, Drug Addiction, Snake Bite & Prevention, Sampling in Research, Water Related Disease, Alternative Sources of Energy, Primary Health Care and rural health.

A large number of students & faculty members participated

in this event. First prize for poster competition was awarded to "Drug Addiction". 2nd prize went to "Snake Bite & Prevention". 3rd prize was won by a poster with the theme of "9 Diseases & EPI". One special prize was for best model of Global warming. Rector of The University of Faisalabad Professor Dr Abdul Majeed was the chief guest and Professor Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences was the guest of honor. Chief Guest and guest of honor appreciated the hard work of all the participants in the display.



Prof Dr Abdul Majeed and Prof Dr Muhammad Saeed with other faculty members seeing students' projects



First position holder team receiving Trophy from Prof Dr Haji Muhammad Aslam

Intra University Baet Bazi and Poetry Contest

Literary Society of TUF organized "Intra University Baet Bazi and Poetry Contest" in Saleem Campus on 27th March 2015. Prof Dr Muhammad Saeed, Dean Faculty of Medicine & Allied Health Sciences was the chief guest. Mr Saleem Akhtar Kayani, Director Press & Publications was the chief judge. Students from UMDC and different Schools of TUF participated in these contests. The results were as follows:

Bait Bazi:

1st Position: Doctor of Physical Therapy
2nd Position: MBBS
3rd Position: BS Islamic Sciences

Poetry Recitation:

1st Position: Fatima, Doctor of Physical Therapy and
Areeba, Doctor of Optometry

Self-Written Poetry:

1st Position: Shumaila, Doctor of Physical Therapy
2nd Position: Reeta Batool, MBBS



Students from different Schools of TUF participating in Baet Bazi competition

Intra University Bilingual Declamation Competition

The core objective behind a declamation competition is to examine important and controversial issues in an atmosphere of reasoned argument and respectful dialogue. A large number of hours devoted for research, discussion, case writing and practicing for competitions help foster opportunities for students to develop to their fullest potential. In addition, it also enables them practice and use skills learnt in the classrooms. Considering the huge importance of declamation competition in academia, The University of Faisalabad

arranged a bilingual declamation competition on 17th April 2015. Students from various disciplines participated with gusto. Mr Faizan Tariq from BEE, Mr Sarmad - BEE and M Wajid Ali - BSCS got the first, second and third positions respectively in Urdu competition. In the English Declamation, Mr Sharif Nawaz from BCHE, Mr Afaq Khan from BEE and Mr Huzaifa Umer from BCHE stood first, second and third correspondingly. TUF Literary society president Mr Muneeb Mustafa and General Secretary

-Mr Umar A zmat along with Mr Malik Aslam- Head of Literary Society and the coordinator - Mr Faraz ensured to make this event a success. Panel of judges included Mr Hamid Nawaz Shiekh, Mr Hamid Farooq and Mr Ali Sher. Rector Dr Abdul Majeed was the chief guest in his speech applauded the efforts put in by the organizers and wished them best of luck for future endeavors as well. Mr Hamid Nawaz Sheikh-Controller Examinations gave valuable advise to the budding debaters.



Participants of bilingual declamation contest with Prof Dr Abdul Majeed and other senior faculty members in Amin Auditorium

Intra-University Tri-Lingual Declamation Contest at Saleem Campus

Literary Society of TUF organized Intra-University Tri-Lingual (English, Urdu and Punjabi) Declamation Contest on June 16, 2015 at Saleem Campus.

The topic of English debate was "I am a son of soil, I am not for sale" while topics of Urdu and Punjabi debates were "درختوں پر شہ آئے" and "اج دی مہنگائی زنا نیاں نے ودھائی" respectively. Prof Dr Abdul Majeed, Rector TUF was the chief guest. According to the decision of judges the results were as

follows:

1st Position in English debate: Noor Amir, Pharm D
1st Position in Urdu debate: Hira Zafar, OD
1st Position in Punjab debate: Raiqa Tahir, MBBS

The position holders were awarded certificates by the chief guest.



Winners of trilingual declamation contest receiving certificates from Prof Dr Abdul Majeed

Intra University Speech Competition

Education and competition are an important element of human nature, through competition one understands the value of education that is being provided. Cognizant of this high importance Literary Society – TUF held an intra University speech competition on 20th May 2015. This was a chance for the students to come up with new ideas and demonstrate their presentation skills.

Wajid Ali-BSCS got first, Gareeb Nawaz-BEE got second and Ali Shahid-BEE got third position respectively in Urdu, while Jamil-Ur-Rehman – BEE got first position, Afaq Khan – BEE got second and M. Yousaf-BEE secured third position in English debate.

Additional Registrar Prof Muhammad Ashfaq was the chief guest on this occasion.



Participants of intra University speech competition with Prof Muhammad Ashfaq, Additional registrar, Prof Muhammad Aslam Malik, Incharge Literary society and others

TUFIANS Compete in Skit Competition

Intra University Skit Competition was organized by TUF Dramatic Society, in Saleem Auditorium on April 15, 2015. Students from different Schools of TUF participated enthusiastically in the competition.

The result was as follows.

1st Position: Pharm D

2nd Position: Doctor of Optometry

3rd Position: Doctor of Nutrition & Dietetics

The winners were awarded with certificates by Ms Zahida Maqbool, Additional Registrar and Mrs Rahat Asad, Incharge Literary Society.



Students of Pharm D performing a skit

Intra University Singing contest

A singing contest among the TUFIANS was held in Saleem campus on May 19, 2015. Students from different Schools participated in the competition and thrilled the audience with their melodious voices. Mrs Rahat Asad, Dr Shirza Nadeem and Ms Kastyana Hurbik were the judges.

The result was as follows:

1st Position:

Shah Bano Doctor of Physical Therapy

2nd Second:

Fatima Iftikhar Doctor of Nutrition & Dietetics

3rd Position:

Neha Asad Doctor of Physical Therapy

The winners were awarded certificates.



Position holder and participants of singing competition with Mrs Rahat Asad, Incharge Literary Society

Free Physical Therapy Camp

The University of Faisalabad always focuses on the weal and woe of the poor down trodden masses. In continuity of its community services, The University of Faisalabad organized a 3 day free Physical Therapy Awareness Camp for disables on May 6-8, 2015 at Madinah Teaching Hospital.

Ms Zahida Maqbool, Additional Registrar, TUF and Brig (Retd) Dr Tousaeef Qadir Qureshi, MS, MTH, inaugurated the rehab activities for the common people of Faisalabad and surrounding areas.

A team of expert Physical Therapists from School of Rehabilitation Sciences, TUF and Department of Physical Therapy, MTH actively supported by MPhil Physical Therapy Students of TUF gave free physiotherapy treatment to the patients. During the 3 days more than 550 patients of joint and muscular pain, bone and joint deformities, pediatric, geriatric and gynecological issues were treated. The camp was a great success and the patients were satisfied with the assessment & treatment they received.

In their reflections on the camp Ms Zahida Maqbool, and Brig (Retd) Dr Tousaeef Qadir Qureshi appreciated the dedicated services of faculty

members, staff and students of School of Rehabilitation Sciences. A 3-day free camp was arranged in Amin Campus also. A large number of patients visited the camp and a team headed by Professor Dr Shahid Ahmad Heera – Head of Physical Therapy department gave free treatment to the patients.

Apart from the above, students and faculty members also visited to get awareness of this program chalked out for the disabled persons. Mr Saleem Kayani – Director Press and publication also visited the camp to motivate the working team.



Ms Zahida Maqbool, Additional Registrar inaugurating Physical Therapy camp at MTH



Patients are being treated



Mr Shahid Ahmad Heera and Mr Saleem Akhtar Kayani at Physical Therapy Camp in Amin Campus

Blood Group Testing Camp

Following the long-term practice of serving the entire community, a blood testing camp was arranged by Blood Donor Society at The University of Faisalabad, Amin campus on 01st April 2015.

A team from (MTH) Madina Teaching Hospital visited Amin campus and took the blood samples from students for checking blood groups. Faculty members as well as a large number of students attended the camp and appreciated the efforts by TUF. A total of 107 students got their blood group checked in this activity. The objective of this exercise was to motivate the community comprising students and faculty members to generate work, which will uplift morals to a higher standard. In addition, this practice will also enhance the ethical and professional values within themselves and foster the sense of responsibility for blood donation and rehabilitation for the needy ones in the entire community.



Students are being screened at blood testing camp at Amin campus

Ms Tina Sani, renowned singer visits TUF

Ms Tina Sani, famous singer known for her rendering of classical and semi-classical Urdu ghazals visited Saleem Campus on request of TUF Musical Society on April 29, 2015.

She met students residing in the girl's hostel and exchanged her views with them. On her surprise visit, there was great excitement among the students and they were overjoyed to find the famous Pakistani singer amongst them. Ms Tina promised the students to give them a musical treat on her next visit to Faisalabad.

She also visited Madinah Teaching Hospital, affiliated hospital of The University of Faisalabad. She met patients admitted in different wards, presented them flowers and brought smiles on their faces with her delightful talk.

Ms Tina appreciated the state of the art infrastructure of TUF and MTH and lauded the services of Madinah Foundation in education and health sectors.



Ms Tina Sani with TUFians in girl's hostel, Saleem Campus

Football Premier League



Football team of School of Chemical Engineering with Head of School, Prof Dr Muhammad Jamil

Although academics are important in shaping the career of the student, sports also help to nurture the character of the student as well.

Acknowledging this importance, Sports Society of The University of Faisalabad arranged a premier football tournament. Four teams from different semesters participated. Team "Chiller Tigers" from (BCHE-8th Semester) beat the team "Chemical Panthers" from (BCHE - 6th Semester) to win the league.

Students and faculty members enjoyed a lot. Chief Organizer, Mr Muhammad Sohail Bashir and Co-Organizer Mr Muhammad Bin Aslam thanked the Chief Guest - Deputy Registrar Col (retd) Abid Mushtaq for his presence on the occasion.

All Pakistan Intersarsity Volleyball Championship (Zone E)

The University of Faisalabad organized All Pakistan Intersarsity Volleyball Championship (Zone E) from 19th to 21st March 2015. The championship was played on knock out basis and six universities including Superior University Lahore, Islamia University Bahawalpur (IUB), Bahauddin Zakariya University Multan (BZU), National Textile University Faisalabad (NTU), Government College University Faisalabad (GCUF) and The University of Faisalabad (TUF) participated in the competition.

Superior University Lahore grabbed first position, Islamia University Bahawalpur (IUB) stood second whereas Government College University (GCUF) remained third (3rd) in the Championship (Zone E). The University of Faisalabad

secured 4th Position in Zone E.

Chief Guest Prof. Dr Abdul Majeed Rector The University of Faisalabad along with Controller Examination, Mr Hamid Nawaz Sheikh and Director, Press and Publications, Mr Saleem Akhtar Kayani, expressed their appreciation for holding this event at TUF.



TUF Volleyball Team with Prof Dr Abdul Majeed, Rector and others

School of Nutrition and Dietetics Releases Healthy Eating Plan in Ramadan ul Mubarik



Holy month of Ramadan provides us an opportunity to exercise self-control and self-discipline in gaining Spiritual, Psychological, Healthful and Social benefits. Ramadan is not only the fasting month to refrain from eating foods and drinks but also to remain fully away from all those misdeeds that have been proclaimed by Islam.

Fasting during Ramadan presents a wonderful picture. The body adapts itself against a limited intake of foods and fluids and adjusts the metabolic activity accordingly. The digestive system relaxes allowing the breakdown of fat reserves of the body regulating production of energy.

Holy month of Ramadan is really a blessing of our almighty

ALLAH in which we have a chance to improve our food habits, manage cholesterol and sugar levels and may lose some weight as well.

Here are a few guidelines regarding Sehri and Iftar eatings that may be followed to get our souls as well as bodies revitalized without falling into a morbid state:

Take a light meal in Sehri such as whole wheat chapatti or bran bread with yoghurt or dish of simple/mixed vegetables/blended with meal. Avoid paratha since it may cause heartburn.

Take sufficient quantity of water/fluids at time of Sehri and Iftar, 8-10 glasses. Lemon water/milk water will be beneficial.



Students performing a skit on Pakistan Resolution Day celebrations at Saleem Campus



Faculty members and students of Management Studies during their excursion tour of Naraan

Dear Students,

The rules, regulations and policies in the University are in your own interest. These are laid down to ensure a congenial, smooth and education friendly environment so that you can achieve high academic standards as well as become a valuable citizen of the society.

However, in case of any suggestion or complaint you can directly contact at chairman@tuf.edu.pk

TUF in Pictures



Mian Muhammad Hanif (SI) Chairman BoG, Mian Muhammad Rasheed, Vice Chairman BoG and other members attending the meeting of Board of Governors in conference room at Amin Campus



Prof Dr Mukhtar Ahmed inaugurating new Multidisciplinary Dental Laboratory in MTH



Prof Dr Mukhtar Ahmed, Chairman HEC praying after inaugurating Postgraduate Research Laboratory in Saleem Campus of TUF



Maj Gen (Retd) Prof Dr Muhammad Aslam, VC UHS, with senior Management of TUF praying after inaugurating Physical Therapy Clinics at Amin Campus

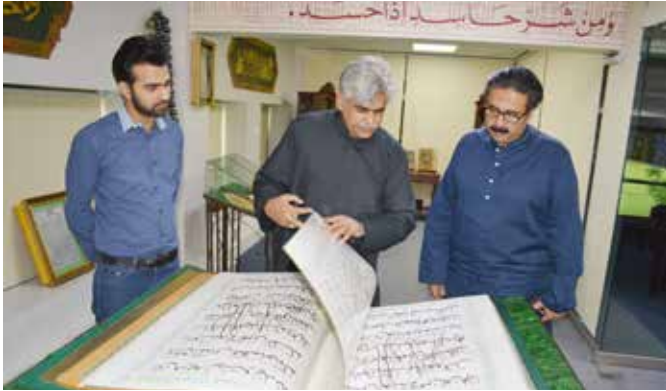


Members of CPSP team during the meeting with faculty members of UMDC in conference room



Members of CPSP team during the visit of Madinah Teaching Hospital





Renowned anchor person Mr Aftab Iqbal in Islamic Gallery with Mian Muhammad Hanif (SI) and Mian Hyder Amin



Prof Dr Sardar Muhammad Alfreed Zafar (2nd from left), Principal PMC Faisalabad, with Prof Dr Muhammad Saeed, Prof Dr S A H Bukhari & Brig (r) Dr Tauseef Qadir Qureshi at UMDC



Students of Pharm D visit the Pacific Pharmaceuticals (Ltd) Lahore



Faculty member & Students of Physical Therapy Department University of Sargodha visit The University of Faisalabad



Intra University Documentary Competition winners receiving prize from Ms Zahida Maqbool, Additional Registrar



Faculty members and Students of Management Studies visit WAPDA Staff College Islamabad



Project Exhibition by final year students of Electrical Engineering



TUF organizes Pakistan's First International Women Dental Conference



Prof Dr Mukhtar Ahmed, Chairperson HEC (center), Prof Dr Abdul Majeed, Rector, Prof Dr Syed Akhtar Hussain Bokhari, Principal UMDC (Dental) with other guests in closing ceremony of Pakistan's First "International Women Dental Conference" at TUF

The University of Faisalabad organized Pakistan's First "International Women Dental Conference, Women in dentistry, the Trend Setters", in Saleem Campus on April 10-12, 2015.

The aim of the conference was to acknowledge the progress women have made in the field of Dentistry and to encourage more women to join this discipline and highlight the outstanding achievements by women in dentistry.

The first ever of its kind conference participated by more than 500 female dental surgeons, doctors and BDS students from 13 different Dental Colleges of Pakistan.

Particularly, Dr Ninette Banday, Director Dental Education Ministry of Health UAE, Prof Dr Tasleem Hosien, Fatima Jinnah Dental College Karachi, Dr Subuhi Ghani, Liaqat Institute of Health Sciences Hyderabad, Dr Kashif Imran, Principal Baqai Dental College Karachi, Brig (Retd) Dr Shahnaz Naseem and Brig (Retd) Dr Abida Aslam, Army Dental Corps, Col (Retd) Dr Iffat Batool, Sharif Medical & Dental College Lahore, Prof Dr Shamim Akhtar, Khyber College of Dentistry Peshawar, Prof Dr Irum Mushtaq, Principal Ayub Dental College Abbottabad, Dr Azmat Mumtaz and other renowned female dental surgeons, doctors and practitioners attended the mega event. The participants declared this conference a mile stone for the progress of discipline of Dentistry in the country. The 3-day conference consisted of Qiraat and Naat competition, Workshops, Scientifics sessions, Poster competition, Table Clinics competition, Presentations Skills competition, Movie competition and Dress show.

Prof Dr Mukhtar Ahmed, Chairperson Higher Education Commission was the chief guest of closing ceremony held in Saleem Auditorium on April 12, 2015.

Addressing the audience Dr Mukhtar Ahmed said that without active and functional role of women a nation cannot make progress and to realize this dream the women

must be equipped with higher professional education. "It is satisfactory that more and more women are getting higher education, in medical colleges 70 % students are females, but unfortunately majority of these qualified women are unable to join the profession, Dr Mukhtar Ahmed remarked.



Dental Workshop in progress



Prof Dr Akhtar Hussain Bokhari presenting memento to Prof Dr Mukhtar Ahmed, Chairman HEC

He also stressed to promote research culture in institutes particularly in medical sciences. He appreciated the role of The University of Faisalabad for promoting high quality professional education in the country and lauded the services of Mian Muhammad Hanif, Chairman BOG TUF in this regard. He congratulated the organizers of Pakistan's First International Women Dental Conference. He said that more and more women should come in the field of dentistry as female dentists can easily adjust their profession with

domestic life with proper time management. Chairman HEC also inaugurated new Multidisciplinary Dental Laboratory in Madinah Teaching Hospital and Postgraduate Research Laboratory in Saleem Campus of the University. Prof Dr Abdul Majeed, Rector TUF, Prof Dr Syed Akhtar Hussain Bokhari, Principal Dental Section UMDC and Principal organizer of the Conference also addressed the audience.



Prof Dr Mukhtar Ahmed, Prof Dr Abdul Majeed, Prof Dr Syed Akhtar Hussain Bokhari and other guest speakers addressing the audience



Chief Guest Prof Dr Mukhtar Ahmed, Chairperson HEC with Prof Dr Abdul Majeed, Prof Dr Syed Akhtar Hussain Bokhari, other senior faculty members and participants of the Conference

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Amin Campus (for boys)

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